DEVELOPMENT OF INCLUSIVE INTEGRATION PATHS 4 MIGRANT WOMEN

ENGAGE

Press Release

ENGAGE Volunteering

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ENGAGE Project Empowers Migrant Women for Social and Economic Inclusion

The ENGAGE Project, (Development of inclusivE iNteGration pAths 4 miGrant women), is increasing the capabilities of migrant women to enter the labour market and social life of the host society. With migrant women representing 45% of refugees in the European Union, this project aims to address the lower activity and employment rates, higher risk of poverty, and lower-skilled occupations that they often face. By focusing on effective integration processes for these women in their new social environments, the ENGAGE Project strives to contribute to their social and economic inclusion.

One key integration path that the project promotes is volunteering. Volunteering is highly valued in European countries as a means of personal development and career advancement, particularly for young people. Regardless of age, volunteering for social or humanitarian causes offers numerous benefits, including opportunities to build new connections, establish a reputation as a reliable worker, and gain valuable experiences for one's resume. It also enhances networking opportunities and demonstrates initiative. For those starting out or looking to expand their industry contacts, volunteering can be a gateway to paid employment through the relationships formed during such experiences.

Volunteer work generally falls into categories such as environmental, animals, social, healthcare, or sports and leisure. There are various volunteering opportunities available, such as assisting youth clubs, schools, or charities supporting families; coaching youth sports teams; helping at soup kitchens, food pantries, or homeless shelters; and supporting animal shelters through tasks like feeding animals and conducting behavioral training. Volunteering at senior citizen events or nursing homes to engage in activities like painting nails, reading books, or organizing special occasions is another meaningful way to contribute.

Volunteering offers distinct advantages, particularly for individuals facing difficulties in finding paid work or those who are not yet allowed to sign employment contracts. Engaging in volunteering activities demonstrates initiative and motivation to prospective employers while facilitating a deeper understanding of the arrival society's culture. Moreover, it provides opportunities to meet new people who may offer assistance in securing paid employment, enhances social and language skills, and positions individuals favorably for future job openings if they possess the necessary qualifications.

To celebrate International Migrants' Day on December 18th, several partner organizations of the ENGAGE Project hosted intercultural festivals. These events served as platforms for the interested public to come together, learn more about the project, and connect with participants while enjoying live music, delicious food or refreshing drinks.

The ENGAGE Project remains dedicated to empowering migrant women, promoting their integration into the labour market and social fabric of their host societies. By equipping them with the necessary tools, opportunities, and support, the project envisions a more inclusive and equitable future for all.

For more information about the ENGAGE Project and its initiatives, please visit https://amif-engage.eu/or follow us on social media: @amif-engage.eu, @ProjectEngageU, @engage_project.

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